



**We Put Safety First**

[www.RIPWA.org](http://www.RIPWA.org)

# CPR/AED/First Aid Training

**Date: Wednesday, February 20th**

**Time: 8:30 a.m. - 12:30 a.m.**

**Cost: Free to all R.I. DPW Employees**

**Location: Westerly Police Department, 60 Airport Road, Westerly**

- Sudden cardiac arrest (SCA) is a leading cause of death among adults in the United States. Cardiopulmonary resuscitation (CPR) dramatically increases the chance of survival for a victim suffering from SCA. If CPR is started within three to five (3-5) minutes of collapse, it increases a victim's chance of survival and reduces the chance of permanent damage.
- AEDs (Automated External Defibrillators), when used within the first 3-5 minutes of a person suffering a Sudden Cardiac Arrest (SCA) can dramatically increase a victims chance of survival from what is currently less than 5% to as much as 70% and higher with a defibrillator on the scene. An AED will automatically analyse the heart rhythm of a pulse less victim and, if the victim is in ventricular fibrillation (VF) or ventricular tachycardia (VT), shock the victim's heart in an attempt to restore its rhythm to normal. AEDs will not shock patients who do not require a shock.
- First Aid - empower your team to provide care when it's needed most. Emergencies arrise every day, this class will prepare you to help until Emergency Medical Services arrive.
- Certificates will be emailed after the class and are valid for 2 years.



Instructor: Lt. Philip Gingerella, EMT American Heart Association Instructor.

The class is limited to 15 participants. The Rhode Island Public Works Association reserves the right to cancel or reschedule this training in the event of weather, lack of interest or conflict.

\*No charge for R.I. Public Works Employees (Any city/ town employee directly involved with the physical work, maintenance, or planning for municipal transportation is included. Those doing clerical work and/or not directly involved with the afore mentioned areas would not be eligible to participate utilizing LTAP funds.

## CPR/AED First Aid Training Wednesday, February 20th

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Agency: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

**Cost is free to R.I. DPW employees\* (see description on side) Class is limited to 15 participants.**

**Email registration to: [erin@ripwa.org](mailto:erin@ripwa.org)**

**or mail registration to: RIPWA 20 Burlingame Drive, Charlestown, RI 02813**



[www.RIPWA.org](http://www.RIPWA.org)